

Unsupported South Pole Ski Expedition

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In November 2022 Dr Gareth Andrews and Dr Richard Stephenson embarked on a 2000km record-breaking attempt to cross the Antarctic continent on foot, with no outside support or assistance, a feat never before accomplished.

Over their 66 day journey they endured the harshest conditions on earth - extreme cold, polar storms and hurricane force winds - while pushing themselves to the edge of mental and physical exhaustion in a quest to collect critical climate data for the Australian Antarctic Division and unique physiology data to advance our knowledge of the impact of extreme endurance on the human body.

